



Week 5

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Cereal (G) 100% Orange or Apple Juice (F) Milk (D)	Wheat Toast (G) Peaches (F) Milk (D)	Cereal (G) 100% Orange or Apple Juice (F) Milk (D)	Whole Grain English Muffins(G) Bananas (F) Milk (D)	Cereal (G) 100% Orange or Apple Juice (F) Milk (D)
AM Snack	Crackers Water	Corn Puffs (gerber snacks-infants) Water	Crackers Water	Grahams Water	Crackers Water
Lunch	Twos, PreK, SA	Twos, PreK, SA	Twos, PreK, SA	Twos, PreK, SA	Twos, PreK, SA
	Bologna Sandwich (P) on Wheat Bread (G) Vegetable Soup (V) Pears (F) Milk (D)	Chicken Teriyaki(P) Broccoli(V) Rice (G) Pineapple(F) Milk(D)	Beef Ravioli (P) Baked Beans (V) Peaches (F) Wheat Bread (G) Milk (D) *CN	Beef/w Gravy (P) Potatoes (V) Mandarin Oranges (F) Wheat Bread (G) Milk (D)	Fish Shapes (P)(G) Fries (V) Pineapple (F) Milk (D) *CN
	Infants & Toddlers	Infants & Toddlers	Infants & Toddlers	Infants & Toddlers	Infants & Toddlers
	Bologna Sandwich (P) on Wheat Bread (G) Vegetable Soup (V) Pears (F) Milk (D)	Chicken Teriyaki (P) Broccoli (V) Rice (G) Pineapple (F) Milk (D)	Beef Ravioli (P) Baked Beans (V) Peaches (F) Wheat Bread (G) Milk (D) *CN	Beef/w Gravy (P) Potatoes (V) Mandarin Oranges (F) Wheat Bread (G) Milk (D)	Fish Shapes (P)(G) Fries (V) Pineapple (F) Milk (D) *CN
PM Snack	Corn Chips (G) Milk (D)	Crackers (In fants) (G) Soft Pretzels (G) 100% Orange or Apple Juice (F)	Rice Cakes(G) Milk (D)	Celery w/Dip(V)Rm 1-7 Cheese Crackers (G) (Inf/Todds) Milk (D)	Graham Crackers (G) Milk (D)

Meal Component Details:

(P)-Protein

(G)-Grain

* For Kitchen use only

(V)-Vegetable

(F)-Fruit

(D)-Dairy

Breakfast must have 3 components.

Lunch must have 5 components.

Snack must have 2 components.

Water is suggested as a beverage for all snacks even when other beverages are offered. Whole grains are substituted for as many grains/breading products as possible.