



Week 4

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Cereal (G) 100% Orange or Apple Juice (F) Milk (D)	Grits(G) Peaches (F) Milk (D)	Cereal (G) 100% Orange or Apple Juice (F) Milk (D)	Bran Muffins (G) Applesauce(F) Milk(D)	Cereal (G) 100% Orange or Apple Juice (F) Milk (D)
AM Snack	Crackers Water	Crackers Water	Animal Crackers Water	Graham Cracker Water	Crackers Water
Lunch	Twos, PreK, SA	Twos, PreK, SA	Twos, PreK, SA	Twos, PreK, SA	Twos, PreK, SA
	Ham Sandwich (P)(G) Peas & Carrots (V) Tropical Fruit (F) Milk (D) *CN	Hot Dogs (P)/Buns (G) Baked Beans (V) Pears (F) Milk (D)	Scalloped Potatoes w/Ham(P) Green Beans (V) Wheat Bread (G) Pineapple (F) Milk (D)	Meatballs (P) Mashed Potatoes (V) Wheat Bread (G) Diced Peaches (F) Milk (D)	Whole Grain (G) Cheese Pizza (P) Smile Fries(V) Mandarin Oranges (F) Milk (D) *CN
	Infants & Toddlers	Infants & Toddlers	Infants & Toddlers	Infants & Toddlers	Infants & Toddlers
	Ham Sandwich (P)(G) Peas & Carrots (V) Tropical Fruit (F) Milk (D) *CN	Chicken Nuggets(P)(G) Baked Beans (V) Pears (F) Milk(D) *CN	Scalloped Potatoes w/Ham(P) Green Beans (V) Wheat Bread (G) Pineapple (F) Milk (D)	Meatballs (P) Mashed Potatoes (V) Wheat Bread (G) Diced Peaches (F) Milk (D)	Whole Grain (G) Cheese Pizza (P) Smile Fries(V) Mandarin Oranges (F) Milk (D) *CN
PM Snack	Goldfish Crackers (G) Milk (D)	Crackers (G) (Inf & Todds) Apple Slice (F) Yogurt (D)	Crackers (G) Milk (D)	Cheese (P) Crackers (G)	Graham Crackers (G) Milk (D)

Meal Component Details:

(P)-Protein
(G)-Grain

(V)-Vegetable
(F)-Fruit

(D)-Dairy

Breakfast must have 3 components.

Lunch must have 5 components.

Snack must have 2 components.

*** For Kitchen use only**

Water is suggested as a beverage for all snacks even when other beverages are offered. Whole grains are substituted for as many grains/breading products as possible.