



Week 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	<i>Cereal (G) 100% Orange or Apple Juice (F) Milk (D)</i>	<i>Biscuits(G) Applesauce (F) Milk (D)</i>	<i>Cereal (G) 100% Orange or Apple Juice (F) Milk (D)</i>	<i>Whole Grain English Muffin (G) Bananas (F) Milk (D)</i>	<i>Cereal (G) 100% Orange or Apple Juice (F) Milk (D)</i>
AM Snack	<i>Crackers Water</i>	<i>Pretzels Water</i>	<i>Crackers Water</i>	<i>Grahams Water</i>	<i>Crackers Water</i>
Lunch	Twos, PreK, SA	Twos, PreK, SA	Twos, PreK, SA	Twos, PreK, SA	Twos, PreK, SA
	<i>Ham (P) Sandwich on Wheat Bread (G) Broccoli/ Cheddar Soup (V) Diced Peaches (F) Milk (D)</i>	<i>Riblets (P) Corn (V) Wheat Bread (G) Pears (F) Milk (D) *CN</i>	<i>Hot Dog (P) on Bun (G) Baked Beans (V) Mandarin Oranges (F) Milk (D)</i>	<i>Mac & Cheese Bites (P)(G) Peas & Carrots(V) Pineapple Tidbits (F) Milk (D) *CN</i>	<i>Breaded (G) Fish Treasures (P) Smile Fries (V) Applesauce (F) Milk (D) *CN</i>
	Infants & Toddlers	Infants & Toddlers	Infants & Toddlers	Infants & Toddlers	Infants & Toddlers
	<i>Ham (P) Sandwich on Wheat Bread (G) Broccoli/ Cheddar Soup (V) Diced Peaches (F) Milk (D)</i>	<i>Riblets (P) Creamed Corn (V) Wheat Bread (G) Pears (F) Milk (D) *CN</i>	<i>Breaded(G) Chicken Nuggets (P) Baked Beans (V) Mandarin Oranges (F) Milk (D) *CN</i>	<i>Mac & Cheese Bites (P)(G) Peas & Carrots(V) Pineapple Tidbits (F) Milk (D) *CN</i>	<i>Breaded (G) Fish Treasures (P) Smile Fries (V) Applesauce (F) Milk (D) *CN</i>
PM Snack	<i>Crackers (G) Milk (D)</i>	<i>Crackers (G) (inf/Todds only) Chex Mix (G) (Rm 1-27; SA) Milk (D)</i>	<i>Goldfish Crackers (G) Milk (D)</i>	<i>Gerber Snacks (G) (Inf/Todds only) Doritos (G) (Rm 1 -27; SA) 100% Orange Juice or Apple Juice (F)</i>	<i>Grahams (G) Milk (D)</i>

Meal Component Details:

(P)-Protein

(G)-Grain

(V)-Vegetable

(F)-Fruit

(D)-Dairy

Breakfast must have 3 components.

Lunch must have 5 components.

Snack must have 2 components.

*** For Kitchen use only**

Water is suggested as a beverage for all snacks even when other beverages are offered. Whole grains are substituted for as many grains/breading products as possible.